

# Growth Chart

Watch Me Grow!



## Turning Five

The child can control his/her own feelings and actions in a variety of situations, and expresses frustrations and anger without hurting self or others.

The child enjoys playing with other children, can join in their play, and can take turns and compromise when playing with others.

The child can be creative, musical, and use his/her imagination when playing.

The child expresses his/her needs and preferences clearly and appropriately, and is developing an awareness of others' feelings and begins to show empathy.

The child uses language to share information, experiences, ideas, stories, emotions, opinions, wants, needs, thoughts, questions, and for conversation.

The child attempts to write by scribbling and drawing for a purpose, using a wide range of writing tools and drawing materials.

The child demonstrates coordination of small muscles using manipulatives that vary in size and shape to perform simple motor tasks.

## Turning Four

The child begins to develop a sense of balance, body coordination, and greater control of movement by moving in rhythm to music, kicking a ball while running, and walking on tip toe.

The child begins to experiment with a wide variety of writing tools, drawing materials, and technology.

The child begins to develop small muscle coordination using manipulative materials that vary in size, shape, and skill requirements.

The child is learning to control his/her own feelings, and can express anger without hurting anyone or anything.

The child develops positive relationships with adults and children.

The child can use language to explain how he/she is doing, thinking, and feeling.

The child is learning the correct structure of sentences and uses language to talk about something that happened.

## Turning Three

The child uses words you can understand in short sentences.

The child begins to experiment with a wide variety of writing tools, drawing materials, and manipulatives such as blocks, and scribbles spontaneously.

The child understands and can follow simple one- and two-step directions.

The child may play alone or next to another child, and begins to show empathy and care for others.

The child begins to be creative and use his/her imagination in different play areas.

The child is beginning to understand his/her feelings, and learning to ask for help before becoming frustrated.

## Turning Two

The child walks independently.

The child combines use of words and gestures to make wants known, and can name objects, people, and environmental sounds.

The child can "give me" or "show me" upon request.

The child begins to put on clothing with assistance, cooperates when teeth are brushed, and helps to put personal belongings away.

The child can roll ball, make marks with crayon or pencil, and build a tower of three objects.

## Turning One

Child can crawl.

Child doesn't drag one side of body when crawling.

Child can stand when supported.

Child searches for hidden objects while watching.

Child can say single words.

Child can use gestures like waving and shaking hands.

Child points to objects or pictures.

## Immunizations

Diphtheria, Tetanus Toxoid, Pertussis (DTaP)  
3 doses given in the first 12 mos.

Polio Virus  
3 doses given at birth - 2 mos.  
2 - 4 mos., and 6 - 8 mos.

H. Influenza b  
Dose given at 2 and 4 mos. and final dose at 12 mos.

Hepatitis B  
3 doses given at birth, 1 - 2 mos., and 6 mos.

Pneumococcal  
2 or 3 doses given by 12 mos.

Influenza b  
Centers for Disease Control suggests all children  
6 - 23 mos. get an annual flu shot.

Hepatitis A  
1 dose given between 12 - 23 mos.

Rotavirus  
2 or 3 doses given by 32 weeks



5

5' 0"

4' 11"

4' 10"

4' 9"

4' 8"

4' 7"

4' 6"

4' 5"

4' 4"

4' 3"

4' 2"

4' 1"



4

4' 0"

3' 11"

3' 10"

3' 9"

3' 8"

3' 7"

3' 6"

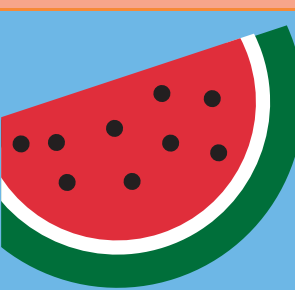
3' 5"

3' 4"

3' 3"

3' 2"

3' 1"



3

3' 0"

2' 11"

2' 10"

2' 9"



www.excelby5.com

Information from American Academy of Pediatrics, Centers for Disease Control and MS Department of Education Early Learning Guidelines.

Place Growth Chart on the wall 31" from the floor.